

Fall Newsletter 2015

Elmwood Community Resource Center (ECRC)

The Forgotten Newspaper-A Message from our Job Coach

Everything is starting to go paperless and technology is the more faster and convenient way of searching and applying for work. Employers are posting many jobs but they tend to forget that some people don't have access to electronic devices that have the capability to access the internet. Newspapers can be easier for some people and the preferred method by other generations but we live in a world where the internet is becoming the hub for information. Newspapers are still a good way to search for employment. They have a section that lists the positions and direct to the point. Another great thing about newspapers is that they don't need an internet connection, you don't have to worry about battery life and it's cost effective. Many people forget newspaper was the oldest form of searching for employment since its creation. Searching for a job does not have to be complicated when it comes to newspapers just open the pages and there are the ads posted.

Keep in mind that it's important to learn how to use the mobile and portable devices because we are living in an electronic generation. Using the internet is very important because employers are requiring a level of computer skills and expect people to be "internet savvy." Most employers are requesting using the internet because it's a cost effective way and easy access to many types of employment. We are in an age of digital era and there are many places that have internet access such as the libraries, community resource centers. At Elmwood Community Resource Centre we offer an Employment Literacy program which participants have free access to a computer for Job Search and resume building. I highly recommend that people gain knowledge on how to utilize the internet for their employment searching.

By Akbar

545 Watt Street.

**Come for a Visit and
share coffee with us!!**

Upcoming Workshops

Stand Up (domestic Violence Awareness) Nov 5 from 1-3pm @ 545 Watt St

Career Fair Nov 10 @ 180 poplar Ave.

Women do best group-(only for Newcomer) Wednesdays Oct 7 to Nov 18

English Conversation circle on Saturdays from 1-3pm @ 180 Poplar

Newcomer Computer Classes, Nov 12,17,19,24,26 from 1:30-3pm @ 545 Watt

Moccasins Making Workshop, November 3, 10, 17, 24 from 6-8pm @180 poplar Ave.

Living Courageously from 5:30 to 7pm @ 545 Watt St

Volunteering at ECRC

Elmwood Community Resource Centre is thrilled to be working with such giving individuals and members of our community . ECRC is happy to be working with our two volunteers of the month.

Shirley Kowalchuk lives in our community and wanted to be more involved in contributing to it. This belief and willingness to help out brought her to ECRC. She believes that in the past Winnipeg became suburbanized and more “vehicle dependent ,” or “wide spread.” She believes that the progressive programming ECRC “provides a positive working environment , I like the diverse group of people, the city needs to become more community empowered focus” as Shirley stated. She also believes that the city needs to become more community empowered. As a volunteer she believe that “we need to get back together as a community and the programming at ECRC is making that happen.”

Tehut Dibabe is a newcomer to Winnipeg that found an amazing opportunity through a posting at her residence. She started attending our conversation circles one of the programs offered by ECRC and she really enjoyed it. One of her biggest influences was our NISW worker that told her to volunteer for experience. She found ECRC to be welcoming and a chance to meet people. Tehut is very happy to volunteer with ECRC and is now the biggest advocator for volunteer opportunities to help anyone who needs to improve on their employment skills.

Kameliya Denkova, lives in our community and is a huge help to our NISW program. Her help is valuable in our English conversation classes for newcomers and also assists with lesson plans that play a big part in classroom development. Kamy participates in the preparation of all the NISW groups and volunteers at ECRC twice a week. As a volunteer, she contributes and spends lots of time in the program and is very glad to be apart of ECRC and the community.

Short term positions turns into long-term Employment

The Elmwood Community Resource Centre (ECRC) works toward empowering and building capacity within the community. The summer time is an excellent opportunity to apply for jobs and gain experience. ECRC had many summer positions available for community members and students. Green team and Canada Summer Students positions were available to the community, All of our green team employees were excited to find stable long term employment and used their summer position as references for the employment. All of our green team and summer students positions were given the opportunity to work within the various ECRC programs that helped them gain diversify experience. All summer employees found ECRC a great place to gain important community skills and felt the amazing effects of working in the community. All these exciting positions are available every summer and are amazing opportunity to gain important skills for fall employment. ECRC is proud of our summer employees whom helped us plan and organize various community events and worked closely with Frontier College in facilitating the Elmwood Summer Camp.



Overcoming Defeat

Applying for work can be very stressful and emotional. The challenging job market can be tough and bring upon many unwanted feelings and emotions. The application process can be long and draining and many people only get one or two call backs which can bring upon the feeling on defeat. ECRC is an excellent place for resources and we have a counsellor that can help deal with the unwanted feelings of Defeat. We also have an Outreach worker which has excellent knowledge of the resources that are available in the community and city. A Excellent Job coach that can assist with resume building, cover letter and interviewing. ECRC has a dynamic family that supports each other and enjoys working with the community to promote growth and success as an organization.

A close-up photograph of a computer keyboard with a white text box overlaid in the center. The text box contains the title 'GOAL—Adult Literacy Program.' in bold black font. The keyboard keys are dark with light-colored characters, and the background is slightly blurred.

GOAL—Adult Literacy Program.

Welcome back! I hope everyone had a relaxing summer and is now ready to get back to their studies. The Elmwood GOAL Program offers literacy classes for those 18 and over. Students work on upgrading their reading, writing, spelling, math and computer skills. GED prep is also offered.

Students in the GOAL Program work and learn in a variety of ways. Instruction is whole class instruction, group work, and independent work. Students can choose the area they require the most help in and the teachers create lessons to the interests and needs of each learner. Learners also take part in many extra-curricular activities. The class attends various field trips throughout the year and they also attend a monthly ethnic cooking class.

Classes are offered Monday to Friday. Students may choose morning, afternoon or evening sessions. The GOAL Program offers a safe, supportive learning environment, where students are challenged to reach their fullest potential. Many students graduate from our program and continue to pursue their education by attending a post-secondary institution or they seek employment..

If you are interested in taking classes or would like more information please call Jennifer @ 982-1720 ext. 302

EYEE– Youth Employment

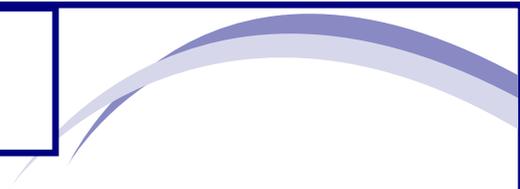
ECRC and the EYEE program is proud to introduce our new Employment Literacy Workshops. These work shops cover the basics in two days which are resume building, cover letters and interview skills. It runs in the afternoon and its only two hours which leaves time to for participants to ask questions and schedule appointments with the Job Coach or Youth Employment Outreach Worker. This dynamic team is available during the week to help individuals in the community and surrounding areas with Job Searching and goal planning.

Elmwood Youth Employment Experience (EYEE) program is a 16 weeks program which as teaches youth the fundamental skill they need to be successful and maintain employment. Akbar which is the Job Coach works to create a class atmosphere that is safe, positive, motivating and empowering to the participants. This helps the students identify their skills and talents which assists in their learning materials in class such as Job Searching, cover letter and resume building. The program is designed in a way that promotes team work and lets the participants grow and learn in a social environment.

If you or anyone you may know might benefit from the program

please call Carmen or Akbar (204) 982 1720 ext 207

Healthy Baby Program



Are you expecting a baby or do you have a baby less than 1 year of age? Then we have a wonderful program for you. Each Thursday afternoon, new and expectant moms are invited to join us for a time of fun and learning. We offer opportunities for parents to make connections with other parents as well as provide time for babies to interact with each other.

Each week we have a circle time where you can learn some new songs and rhymes to sing with your baby. We also have a featured topic of the day such as: breast feeding, traveling with your baby, infant and family nutrition, fire safety, sleep issues, post-partum adjustments, infant development, just to name a few.

These topics are presented in a relaxed atmosphere where questions and interaction is welcomed. We have a Public Health Nurse and a Community Dietician also on site.

Parents are invited to help make a nutritious snack that we can enjoy as we visit and get to know each other. Many new friendships have been made at group that continue outside of group as well as for years to come.

We run our Thursday group at the Braeside Evangelical Mennonite Church – 1011 Munroe Ave from 1:15-3:15.

- Bus tickets are available for those who take a bus to get to and from our program.
- Milk coupons are provided for expectant mothers and mothers of babies up to 6 months old.
- Child minding is available for children ages 1-6 while baby stays with you in group.

This is a free drop in program so there is no need to register but feel free to Call Diane if you would like more information. 204-982-1720 ext. 204

Neighborhood Immigrant Settlement Program

The NISW program help the newcomers thrive in Canada. This includes helping with employment support, supporting with access to basic needs such as opening a bank account transportation, networking with successful agencies , conducting conversation circles to help and remove the language barriers for the newcomers. The conversation circle has been an very popular program offered by ECRC at the Elmwood/EK Active Living Centre at 180 Poplar Avenue. It offers a safe, relaxed group atmosphere where newcomers socialize in a friendly setting while practicing their English skills. These conversation circles will help with ESL classes and make you more fluent in English. In addition the program also offers entry level computer workshops (further information at a later date), field trips to various locations plus two new events which is coffee afternoons and taxes workshops. Everyone is welcome to join and we hope to see you soon!

Feeling welcomed in Canada made easier through NISW at ECRC

NISW

Do you need help filling out forms for school or government forms , Do you want to know what you can do to enter the Job market , are you looking for volunteering opportunity , do you want to know helpful tips to help you settle in Elmwood and Winnipeg then call Anna, our NISW staff .

Call : 204-982-1720 Ext: 205

Conversation Circle every Saturday 1-3 till the 19th of December at 180 Poplar Street

Women's Do Best (coffee Afternoon) October 7—November 18, 2015 on Wednesdays at 545 Watt Street

Computer Classes Nov 12 to November 26,2015 on Tuesdays and Thursdays at 545 Watt Street

Call Anna for more information 204-982-1720 ext 205

Youth in Elmwood Arts and Recreation (YEAR)

Summer is over but the fun hasn't ended at the Youth In Elmwood Art & Recreation program.

We have been working hard to bring in different flavors of activities, with Halloween just around the corner we thought it only be appropriate to bring the youth to the Muddy Waters Halloween Bus tour and have a Halloween party filled with games and prizes. The fun doesn't end there though, In Novembers we plan to bring in some indigenous traditional teachings, Moccasin making, CPR & first aid training and much more.

Great Outings, Activities, Snacks, a Game of Pool, Visiting with Friends!

Call Sean or Hurui for more information 204-982-1720 ext 309

Reminders for upcoming events:

October 23: Halloween bus trip

October 29: YEAR Halloween Party

November 3,10,17, 24 Moccasin making

November 20, Food Handlers training

Dec 1, Christmas Baking



Donation Needed

ECRC is accepting donations for community Christmas celebration . We are looking for children toys for age 0- 11 years old. Donation can be dropped off at 545 watt st, Monday to Friday from 9:30am to 4:30pm from now until Dec 8th,2015

Thank you for your support !

Community Lunch



The first time ever ECRC launched a Community lunch. The delicious soup and dessert was a real treat for those who attended. We are proud to give back to our community and we will continue with more Lunches in the future!



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