



545 Watt St.

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R2K 2S2

Phone: (204)982-1720

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adminassistant@elmwoodcrc.ca

Monday to Friday from 9:00 AM -7:30 PM

EVERY DAY

- Drop In Open to all community members on Mondays, Thursdays & Fridays from 9:30 – 7:30 PM; Tuesdays & Wednesdays 9:00-4:00 PM
- Youth in Elmwood Arts and Rec. Open to all youth ages 12-17 Call:204-982-1720 ext.209
- EYEE program from 9:30-4:30 PM Call:204-982- 1720 ext.207
- Newcomers Program Call: 204-9821720 ext. 205
- Counselling available from 9:30 – 7:00 PM Call: 204 982 1720 ext.201 For appointment
- Adult Literacy Class from 9:00-7:00 PM Registration ONLY Call 204-982-1720 ext. 302
- FCT - Families, Cultures & Traditions Traditional Parenting - Wednesdays from 5:00-7:00 PM Call 204-982-1720 ext. 204 to register
- Mini-YEAR youth drop-in 6-11 years Must register! Call 204-982-1720 ext. 309
- Community Lunch 12:00-1:00 PM



For more information regarding our programs call- 204982-1720, or visit our website at www.elmwoodcrc.ca

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Centre Closed</p>	<p>3</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ English Conversation Circle 5:30-7:30 PM 	<p>4</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ Aboriginal Employment Support 1:00 - 4:30 PM 	<p>5</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment 	<p>6</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ FUNDRAISING-Spaghetti Dinner
<p>9</p> <ul style="list-style-type: none"> ➤ Mini YEAR Ages 6-11 4:30 -7:30PM ➤ Goal Adult Literacy 	<p>10</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ Youth Afterschool program ➤ English Conversation Circle 5:30-7:30 PM 	<p>11</p> <ul style="list-style-type: none"> ➤ Aboriginal Employment Support 1:00 - 4:30 PM ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment 	<p>12</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ❖ AGM 6:00PM-8:00PM 	<p>13</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ Youth Afterschool program ➤ Community Lunch 12 – 1:00 PM
<p>16</p> <ul style="list-style-type: none"> ➤ Mini YEAR Ages 6-11 4:30 -7:30PM ➤ Goal Adult Literacy 	<p>17</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ Youth Afterschool program ➤ English Conversation Circle 5:30-7:30 PM 	<p>18</p> <ul style="list-style-type: none"> ➤ Aboriginal Employment Support 1:00 - 4:30 PM ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment 	<p>19</p> <ul style="list-style-type: none"> ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment ➤ Coping with Anxiety-Community Workshop 6-7:30pm 	<p>20</p> <ul style="list-style-type: none"> ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment
<p>23</p> <ul style="list-style-type: none"> ➤ Mini YEAR Ages 6-11 4:30 -7:30PM ➤ Goal Adult Literacy 	<p>24</p> <ul style="list-style-type: none"> ➤ Goal Adult Literacy ➤ Youth Employment ➤ Youth Afterschool program ➤ English Conversation Circle 5:30-7:30 PM 	<p>25</p> <ul style="list-style-type: none"> ➤ Aboriginal Employment Support 1:00 - 4:30 PM ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment 	<p>26</p> <ul style="list-style-type: none"> ➤ Awakening 1-3 PM ➤ Youth Afterschool ➤ Adult Literacy ➤ Youth Employment ➤ Coping with Mood Disorder (depression) Workshop 6-7:30pm 	<p>27</p> <ul style="list-style-type: none"> ➤ Youth Afterschool program ➤ Goal Adult Literacy ➤ Youth Employment

PROGRAMS DESCRIPTION

- ❖ **Drop In is Open to all from 9:00AM – 7:30PM** Access to computer, fax and phone, Coffee
- ❖ **Reach out - is an after school program for youth age 12 – 17 year old**
Access to Homework support; Leadership group; Employment and Volunteering support; Arts and Wellness programs ;Recreational Activities – Basketball and Soccer
Call Anne 204 982 1720 ext.202 for more information
- ❖ **Elmwood Youth Employment Experience (EYEE)** Individual and Group Employment experience support; Job Search; Resume and Cover later
Call: 204 982 1720 ext. 207 for more information
- ❖ **Neighbourhood Immigrant settlement (NISW)** Get connected with the other community members; English Conversation Circle; Advocacy; Basic needs support, home visit ;Cross-cultural events
Call: 204 982 1720 ext. 205 or 206 for more information
- ❖ **Counselling Services** Available to everyone, cuss counselling, long term counselling, attend group like: healthy relationships; healing from trauma; Grief and loss, self-esteem, mental wellness
Call Charlene 204 982 1720 ext. 201 for more information
- ❖ **Adult Literacy Program (GOAL) – Open to all (18 years old and up)** Update reading, writing, computer, math skills; Preparation for their GED programs; Capacity skills building
Call Jennifer 204 982 1720 ext. 302 for more information
- ❖ **Mini YEAR** – school aged free programing (6-11) to do crafts, arts, science through activity
Call Anne 204 982 1720 ext.202 for more information
- ❖ **Ombigiaawsiwin Traditional Child Care Practices – Monthly gathering night at ECRC**
Call: Stephanie 204 982 1720 ext.204 for more information