



HUMAN TRAFFICKING



WHAT IS IT?

Human trafficking is the exploitation of human beings for gain. Trafficking can exist in many forms and usually entails individuals being caused to provide sexual services or labour through force, coercion, deception and/or abuse of trust, power or authority.

POSSIBLE SIGNS

- Living with employer
- Inability to speak to individual alone
- Poor living conditions
- Signs of physical abuse
- submissive or fearful

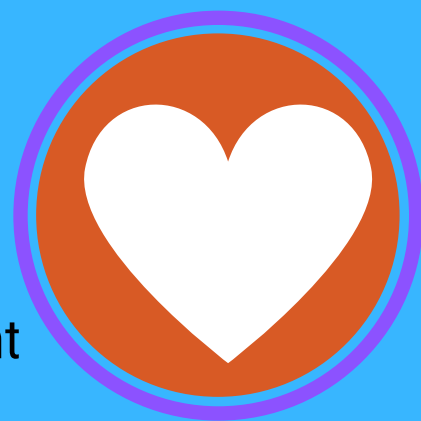


FEELINGS THAT INDIVIDUALS MAY FACE

- Anger
- Fear
- Worthlessness
- Depression
- Anxiousness

WHAT CAN WE DO TO HELP?

- Stay calm
- Listen carefully, without interrupting and judgement
- Avoid asking “why” questions
- Believe the person, reassure your friend it is not their fault
- Maintain confidentiality and privacy



COMMUNITY RESOURCES

Elmwood Community Resource Centre Counselling
Mount Carmel Clinic- Sage House
Marymount
Canadian Human Trafficking Hotline

To learn more, please click the link above.