



What is an ALLY?

A PERSON OF ONE SOCIAL IDENTITY GROUP WHO STANDS UP IN SUPPORT OF MEMBERS OF ANOTHER GROUP;

To be an Ally is to...

1. Make a concerted effort to better understand the struggle, others are facing every single day and stand up, even when you feel scared.
2. Use your privilege to the benefit of others who do not have the same.
3. Acknowledge that while you too, feel pain, the conversation is not about you.

**ANYONE HAS THE
POTENTIAL BE AN ALLY**

Being an ally is more than being sympathetic towards those who experience discrimination. It is more than simply believing in equality.

Being an ally means being willing to act with and for others in pursuit of ending oppression and creating equality.