



Elmwood Community Resource Centre



We have
added a
NEW
service!

Neighbourhood Immigrant Settlement Program

**Offering support for mental health /wellness
& relationship building**

◆ Women's Group ◆ Men's Gathering ◆ Youth Afterschool & Leadership

For more information or support on this topic, please email Rose at support@elmwoodcrc.ca

- ◆ PROVIDES settlement information and orientation
- ◆ CONNECTS newcomers with programs and services
- ◆ PROMOTES conversations around immigrant issues
- ◆ HOSTS special events for newcomers to meet their neighbours

We also:

- ◆ Information, help and training on settlement process
- ◆ Assist with employment & volunteer Opportunities
- ◆ Go with you to appointments (if needed)
- ◆ Offer English Conversation Circle (improve your English)
- ◆ Help filling out forms for housing, income benefits or other needs
- ◆ We will also refer you to agencies and other programs based on your needs

545 Watt Street

Call 204-982-1720 ext. 205 or 206 to register



Elmwood Community Resource Centre



Gutunganya integuro zogufasha abimukira kugira bamenye ingene bobaho neza mukibano

- ◆ Gutanga amakuru akwiye no gufasha abimukira bashasha hano muri Canada kugiranongo bashobore gutangura ubuzima bushasha .(Impunzi, abimukira)
- ◆ Gusigurira no kwereka abantu bashasha integuro nubundi bufasha buhasanzwe
- ◆ Guhimiriza ibiganiro vyerekeye kuvyerekeye ibibazo abimukira bashobora guhura navyo
- ◆ Gutunganya ibikorwa bijanye noguhuza abimukira hamwe nabasangwa

Tukongera:

- ◆ Gutunganya ibiganiro vyokumenyereza abimukira kuvuga icongereza
- ◆ Kubafasha kuja mumirimo yokwimenyereza no gutegera ingene ivyakazi bitunganijwe hano mugihugu
- ◆ Kuringaniza ingendo mumihana iwabo
- ◆ Kubahereza iyo bagiye kubonana nabantu canke ahantu bakenewe
- ◆ Gufasha kuvyerekeye kwintonora nokurata ijisho hamwe nokuvyerekeye ubumenyi
- ◆ Gufasha kuzuzura impapuro zijanye nivyuburaro, ivyo bafitiye uburenganzira nibindi vyankenerwa
- ◆ Kubasigurira mundimi bumva hamwe nokubamenyeshya ubudasa bw' imico irihano mugihugu
- ◆ Gufasha kurera abana iyo baje muma porograma zitandukanye
- ◆ Gutanga ubumenyi butandukanye

545 kwibarabara rya Watt

Hamagara kuri 204-982-1720 ext. 205 or 206 canke wiyandikishe